



Our Abilene facility is adding to our Hand Therapy Team!



Occupational/Hand Therapy can help address concerns in the elbow, wrist, and hand to include:

- **Post-surgical rehabilitation**
- **Tendon and/or nerve lacerations**
- **Fractures**
- **Tendonitis**
- **Sprains**
- **Instability**
- **Numbness and tingling**
- **Pain**
- **Stiffness**
- **Weakness**
- **Limitations with daily function**
- **Back to work and more!**

What can I expect during my visit?

Your occupational/hand therapist will take a history of your symptoms and design a treatment plan specific to your needs. The upper extremities are complex in design and function requiring special attention to detail. Whether you have had surgery, an injury, or degenerative changes, our goal is to maximize your function and participation in your desired activities.



**Kristin Emerson, OT, CHT
Certified Hand Therapist,
ASTYM Certified Provider**

Meet Kristin

Away from work, Kristin enjoys spending time with family, fishing, camping, hummingbird gardening, creating, and cooking.

Memberships: American Society of Hand Therapists;
Texas Occupational Therapy Association

Meet the rest of our Occupational/Hand Therapy team...

**Bubba Klostermann, OT, CEAS II
Director of Adult Therapy**

Bubba has worked at WTRC from 1976 through 1990 and returned in 2008 to present. Along with many years of management and hand therapy experience, he is certified in ergonomics and functional capacity evaluations. Pastime interests are traveling and gardening with his wife.



Evan Willis, OT, MS, CSCS

Evan joined WTRC as an OT in November 2021. Prior to going back to OT school, he worked as a Certified Strength and Conditioning Specialist (CSCS) for our Pacesetters program.



Luke Lopez , OT, MS

Luke joined WTRC in February 2023. He enjoys working out and spending time with his fiancé and two dogs.



Speak with your physician about your symptoms and ask if a referral for occupational/hand therapy is appropriate for you! You may also call 325.793.3441 for more information.